CAM SEMINAR SERIES

Fall 2015-Spring 2016, Fall 2016-Spring 2017
Thursdays, Noon-1:00 pm
Room 239, Basic Science Building

Fall 2015

September 17, 2015  Palliative Care and Integrative Medicine
Ann Berger, MD
Chief of Pain and Palliative Care Service
National Institutes of Health
Bethesda, MD

September 24, 2015  Beyond Symptom Management: Mindfulness in the Treatment of Psychophysiological Disorders
Ronald D. Siegel, Psy.D.
Assistant Professor of Psychology
Harvard Medical School
Boston, MA

Elizabeth Hoge, MD
Assistant Professor of Psychiatry
Georgetown University
Washington, DC

October 22, 2015   Anthroposophic Medicine - a Modern Form of Conceptual Integrative Medicine?
Johannes Brockhaus, MD
Faculty of Health, School of Medicine, Witten/Herdecke University, Witten, Germany

October 29, 2015   CAM Program Practicum Reflections
Thomas Adair, M.S.
Christian Holmes, M.S.
Katherine Au, M.S.
Alumni of the GU CAM Program-Class 2015
Washington, DC
November 12, 2015  Deciphering and Demystifying Food Labels  
JoAnn Yanez, ND, MPH  
Executive Director  
Association of Accredited Naturopathic Medical Colleges  
Washington, DC

November 19, 2015  My Journey from Patient to My Inner Kitchen  
Sara Salomon  
Integrative Nutrition Health Coach  
Founder of Your Inner Kitchen.

Spring 2016

January 21, 2016  Nutrition Education in an Era of Global Obesity and Diabetes-Thinking Outside the Box  
David Eisenberg, MD  
Associate Professor of Nutrition  
Harvard T.H. Chan School of Public Health  
Boston, MA

February 11, 2016  Non-Pharmacological Modulation of Chronic Pain  
Catherine M. Bushnell, Ph.D.  
Scientific Director  
National Center for Complementary and Integrative Health  
National Institutes of Health  
Bethesda, MD 20892

February 18, 2016  The Role of Probiotics in GI Health  
Daniel Merenstein, MD  
Associate Professor and Director of Research  
Department of Family Medicine  
Georgetown University Medical Center  
Washington, DC

February 25, 2016  Unique Characteristics to Researching Herbal Medicine  
Michael Tims, Ph.D.  
Academic Director  
Herbal Medicine  
Maryland University of Integrative Health  
Laurel, MD

March 1, 2016  Integrative Medicine in Global Health  
Heather Zwickey, Ph.D.  
Dean of Research and Graduate Studies  
Professor of Immunology  
Director of Research, Helfgott Research Institute  
School of Naturopathic Medicine  
Portland, OR
March 17, 2016  
*Placebo effects: Understanding the Mechanisms*  
Luana Colloca, MD, Ph.D.  
Associate Professor  
University of Maryland Baltimore School of Nursing  
Pain and Translational Symptom Science  
UM Center to Advance Chronic Pain Research  
University of Maryland Baltimore School of Medicine  
Department of Anesthesiology  
Baltimore, MD

March 31, 2016  
*Integrative Medicine Research in Pediatric Oncology*  
Elena Ladas, Ph.D., RD  
Assistant Professor of Nutrition in Pediatrics and in the Institute of Human Nutrition  
Columbia University Medical Center  
Co-Director, Center for Comprehensive Wellness  
Division of Pediatric Hematology/Oncology/Stem Cell Transplant

April 7, 2016  
*Mission Reconnect: Needs, Challenges and Possibilities in Serving Today’s Veterans*  
Janet Kahn, Ph.D., LMT  
Research Assistant Professor  
Department of Psychiatry  
University of Vermont College of Medicine

**Fall 2016**

September 15, 2016  
*Palliative Care and Integrative Medicine*  
Ann Berger, MD  
Chief of Pain and Palliative Care Service  
National Institutes of Health  
Bethesda, MD

October 5, 2016  
*Mindfulness and Health*  
Harald Wallach, PhD  
Professor for Research Methodology in Complementary Medicine  
Viadrina European University  
Frankfurt, Germany

November 3, 2016  
*CAM Program Practicum Reflections*  
Maxie Blasini, M.S.  
Orrianne Morrison, M.S.  
Alumni of the GU CAM Program-Class 2016  
Washington, DC

November 10, 2016  
*An Overview of Research on Complementary and Alternative Medicine and Cancer Palliative Care*  
Jeffrey White, MD  
Director  
Office of Cancer Complementary and Alternative Medicine (OCCAM)  
National Cancer Institute, NIH  
Bethesda, MD
November 17, 2016  The Business and Operational Aspects of Integrative Healthcare Programs and Services
Lori Knutson, RN, BSN, HNB-BC
Administrative Director
Integrative Health and Medicine
Meridian Health
New Jersey

December 1, 2016  Interpreting Medical Traditions
Alain Touwaide, PhD
Scientific Director
Institute for the Preservation of Medical Traditions
Washington, DC

Spring 2017

January 19, 2017  Creative Care: Integrating the Arts and Humanities into Healthcare
Julia Langley, MA
Director, Arts and Humanities Program
Lombardi Comprehensive Cancer Center
Georgetown University
Washington DC, USA.

January 26, 2017  Nueva Vida Intervention: Psychosocial Outcomes and Exploration of CAM Use Among Latina breast cancer survivors
Kristi Graves, PhD
Associate Professor of Oncology
Cancer Prevention and Control Program
Lombardi Comprehensive Cancer Center
Georgetown University
Washington, DC

February 2, 2017  Healing Outside of the Box: Using Therapeutic Arts in Palliative Medicine
Kathleen Anderson, MD
Assistant Professor of Medicine
Palliative Medicine Program & Division of General Internal Medicine
Georgetown University Hospital
Washington, DC

March 2, 2017  Integrative Medicine and Health Disparities
Robert Saper, MD, MPH
Associate Professor of Family Medicine
Director, Center of Integrative Medicine
Boston University Medical Center
Boston, MA
March 16, 2017  Nutrition Education in an Era of Global Obesity and Diabetes-Thinking Outside the Box
David Eisenberg, MD
Adjunct Associate Professor
Director, Culinary Nutrition
Harvard T.H. Chan School of Public Health
Boston, MA

March 23, 2017  Placebo effects: Physiological mechanisms across different systems and diseases
Luana Colloca, MD. PhD
Associate Professor
School of Nursing
Department of Anesthesiology, School of Medicine
University of Maryland
Baltimore, MD

March 30, 2017  Questionable Dietary Supplements: Example of Prevagen
Robert Speth, PhD
Professor of Pharmaceutical Sciences
Nova Southeastern University
Fort Lauderdale, Florida

April 6, 2017  A Phase 2 trial of resveratrol (red wine) for individuals with mild-moderate Alzheimer’s disease
Raymond (Scott) Turner, MD, PhD.
Professor, Department of Neurology
Director, Memory Disorders Program
Georgetown University Medical Center
Washington, DC